

ITEMS INCLUDED IN PRE-TEST

s447a

Now I'm going to mention things that describe people's lifestyles. For each one tell me whether they are nearly always true for you, true most of the time, sometimes true, or rarely or never true.

Lead an orderly life.

- 1 Nearly always true
- 2 True most of the time
- 3 Sometimes true
- 4 Rarely or never true
- 8 DK
- 9 REF

s447b

Get enough sleep.

s447c

Eat a balanced diet.

s447d

Get regular physical exercise.

s447e

Wear a car seat belt.

s447f

Get careless and have accidents around the house or on the job.

s447g

Take risks I shouldn't such as driving too fast or other things that might endanger myself.

s447h

Have serious arguments or fights outside the home.

s448a

Would you describe yourself as a current smoker, as a former smoker, or as someone who has never smoked?

- 1 Current smoker
- 2 Former smoker
- 3 Someone who has never smoked
- 8 DK
- 9 REF

s448b

About how many cigarettes do you usually smoke in a day now? IF CIGARS OR PIPE: About how many times do you smoke in a day now? \_\_\_\_\_

s448c

During the past month, have you had at least one drink of any alcoholic beverage, such as a beer, wine, wine cooler, or liquor?

- 1 Drank during last month
- 5 Did not drink last month
- 8 DK
- 9 REF

s448d

During the past month, how many days per week did you drink any alcoholic beverages, on the average? \_\_\_\_\_

s448e

A drink is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. On the days when you drank, about how many drinks did you drink on the average? \_\_\_\_\_

s448f

Considering all types of alcoholic beverages, how many times during the past month did you have 5 or more drinks on any occasion? \_\_\_\_\_

s450a\_1

Please think about all the health problems you may have experienced. During the past two years, have you had any problems with any of the symptoms or diseases listed?

Common cold?

- 1 Yes
- 5 No
- 8 DK
- 9 REF

s450a\_2

Psoriasis?

s450a\_3

Low blood pressure?

s450a\_4

Bronchitis?

s450a\_5

Shingles?

s450a\_6

Migraine?

s450a\_7

Irregular heart beats?

s450a\_8

Anemia?

s450a_9 Sore throat?	Eczema?
s450a_10 Depression?	s450b_4 Hyperventilation?
s450a_11 Hyperthyroid?	s450b_5 Mononucleosis?
s450a_12 Glaucoma?	s450b_6 Goiter?
s450a_13 Arthritis?	s450b_7 Anxiety reaction?
s450a_14 Peptic ulcer?	s450b_8 Infection of middle ear?
s450a_15 High blood pressure?	s450b_9 Pneumonia?
s450a_16 Chest pain?	s450b_10 Kidney infection?
s450a_17 Sinus infection?	s450b_11 Asthma?
s450a_18 Diabetes?	s450b_12 Gallstones?
s450a_19 Hardening of the arteries?	s450b_13 Kidney stones?
s450a_20 Cirrhosis of the liver?	s450b_14 Pancreatitis?
s450a_21 Blood clot in lung?	s450b_15 Collapsed lung?
s450a_22 Heart failure?	s450b_16 Leukemia?
s450a_23 Brain infection?	s450b_17 Nervous breakdown?
s450a_24 Cancer?	s450b_18 Emphysema?
s450a_25 Dizziness?	s450b_19 Parkinson's disease?
s450b_1 Hemorrhoids?	s450b_20 Stroke?
s450b_2 Hemorrhoids?	s450b_21 Heart attack?
s450b_3	s450b_22 Multiple sclerosis?

s450b\_23  
Bleeding in the brain?

s450b\_24  
Injury that required a doctor's care?

s450b\_26  
Persistent severe pain?

s455  
Do you have any permanent health or physical conditions that restrict your ability to move about or limit you in dressing, bathing, eating, working, or keeping house?

1 Yes  
5 No  
8 DK  
9 REF

s451a  
We are interested in how much difficulty people have with various activities because of a health or physical problem. As we mention each activity tell me whether it is not at all difficult, a little difficult, somewhat difficult, very difficult, or something that you can't do at all. Exclude any difficulties that you expect to last less than three months.

How difficult is it for you to run or jog about a mile?

1 Not at all difficult  
2 A little difficult  
3 Somewhat difficult  
4 Very difficult/can't do  
5 Don't do  
8 DK  
9 REF

s451a1  
How old were you when it first became difficult?

s451b  
How difficult is it for you to walk several blocks?

s451b1  
How old were you when it first became difficult?

s451c  
How difficult is it for you to walk one block?

s451c1  
How old were you when it first became difficult?

s451d  
How difficult is it for you to walk across a room?

s451d1  
How old were you when it first became difficult?

s451e  
How difficult is it for you to sit for about 2 hours?

s451e1  
How old were you when it first became difficult?

s451f  
How difficult is it for you to get up from a chair after sitting for long periods?

s451f1  
How old were you when it first became difficult?

s451g  
How difficult is it for you to get in and out of bed without help?

s451g1  
How old were you when it first became difficult?

s451h  
How difficult is it for you to climb several flights of stairs without resting?

s451h1  
How old were you when it first became difficult?

s451i  
How difficult is it for you to climb one flight of stairs without resting?

s451i1  
How old were you when it first became difficult?

s451j  
How difficult is it for you to lift or carry weights over 10 pounds, like a heavy bag of groceries?

s451j1  
How old were you when it first became difficult?

s451k  
How difficult is it for you to stoop, kneel, or crouch?

s451k1  
How old were you when it first became difficult?

s451l  
How difficult is it for you to pick up a dime from a table?

s451l1  
How old were you when it first became difficult?

s451m  
How difficult is it for you to bathe or shower without help?

s451m1  
How old were you when it first became difficult?

s451n  
How difficult is it for you to reach or extend your arms about shoulder level?

s451n1  
How old were you when it first became difficult?

s451o  
How difficult is it for you to pull or push large objects like a living room chair?

s451o1  
How old were you when it first became difficult?

s451p  
How difficult is it for you to eat without help?

s451p1  
How old were you when it first became difficult?

s451q  
How difficult is it for you to dress without help?

s451q1  
How old were you when it first became difficult?

s536a  
I'm going to read some things husbands and wives sometimes do for each other. For each one please tell me whether your spouse does it nearly always, some of the time, occasionally, or almost never. How often does your spouse . . . .

Make you feel he/she is there for you when you really need him/her?

- 1 Nearly always
- 2 Some of the time
- 3 Occasionally
- 4 Almost never
- 8 DK
- 9 REF

s536b  
Let you down when you are counting on him/her?

s536c  
Make you feel he/she really cares about you?

s536d  
Make you feel you can talk to him/her about your worries?

\*\*\*s536e  
Make you feel you shouldn't tell him/her about things because he/she might be upset?

\*\*\*s536f  
Help you do something that is important to you?

s536g  
Expect more from you than he/she is willing to give?

\*\*\*s536h  
Try to comfort you when things go wrong?

s536i  
Act as if he/she is the only important person in the family?

s536j  
Make you feel you can tell him/her anything?

s536k  
Insist on having his/her own way?

\*\*\*s536l  
Think of things to do that would please you?

s536m  
Give you a sense of emotional security and well being?

s536n  
Make you feel you could not turn to your spouse for support when you have a problem?

\*\*\*s536o  
Make sure that you take care of yourself by getting exercise, eating right, getting regular checkups?

s536p  
Make you feel uncertain that your spouse would give you the care you need if you became ill with a prolonged illness?

s536q  
Insist that you agree with him/her?

\*\*\*s536r  
Ask you for your opinion about an important topic?

s536s  
Criticize your ideas?

\*\*\*s536t  
Listen carefully to your point of view?

\*\*\*s536u  
Ignore you when you try to talk to him/her?

\*\*\*s536v  
Recognize your competence and skills?

\*\*\*s536w

Give you a lecture on how you should behave?

s536x

Let you know that he/she appreciates you, your ideas, or the things you do?

s536y

Not listen to you?

s537a

I'm going to read some statements about your relationship with your spouse and for each one please tell me whether you strongly agree with the statement, agree, disagree, or strongly disagree.

I feel personally responsible for my spouse's well-being.

1 Strongly agree

2 Agree

3 Disagree

4 Strongly disagree

8 DK

9 REF

s537b

If my spouse were feeling bad, my first duty would be to cheer him/her up.

s537c

I would do almost anything for my spouse.

s537d

One of my primary concerns is my spouse's welfare.

s472

I am going to mention some different aspects of married life. For each one, I would like you to tell me whether you are very happy, pretty happy, or not too happy with this aspect of your marriage.

How happy are you with the amount of understanding you receive from your spouse?

1 Very happy

2 Pretty happy

3 Not too happy

8 DK

9 REF

s473

How happy are you with the amount of love and affection you receive?

s474

How happy are you with the extent to which you and your spouse agree about things?

s475

How happy are you with your sexual relationship?

s478

How happy are you with your spouse as someone who takes care of things around the house?

s479

How happy are you with your spouse as someone to do things with?

s480

How happy are you with your spouse's faithfulness to you?

s500

Taking all things together, how would you describe your marriage? Would you say that your marriage is very happy, pretty happy, or not too happy?

s501

Compared to other marriages you know about, do you think your marriage is better than most, about the same as most, or not as good as most?

s534

Comparing your marriage to three years ago, is your marriage getting better, staying the same, or getting worse?

s535

Would you say the feelings of love you have for your spouse are extremely strong, very strong, pretty strong, not too strong, or not strong at all?

\*\*\* These items were asked on the pretest, but were not included on the final survey