<table>
<thead>
<tr>
<th>SEQN</th>
<th>Target</th>
<th>Hard Edits</th>
<th>SAS Label</th>
<th>English Text:</th>
<th>English Instructions:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>B(16 Yrs. to 150 Yrs.)</td>
<td></td>
<td>Respondent sequence number</td>
<td>Respondent sequence number.</td>
<td></td>
</tr>
</tbody>
</table>

**BPQ010**

<table>
<thead>
<tr>
<th>Target</th>
<th>Hard Edits</th>
<th>SAS Label</th>
<th>English Text:</th>
<th>English Instructions:</th>
</tr>
</thead>
<tbody>
<tr>
<td>B(16 Yrs. to 150 Yrs.)</td>
<td>Last blood pressure reading by doctor</td>
<td>About how long has it been since {you/SP} last had {your/his/her} blood pressure taken by a doctor or other health professional? Was it . . .</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**English Instructions:**

**Codes:**

1= Less than 6 months ago,
2= 6 months to 1 year ago,
3= More than 1 year to 2 years ago,
4= More than 2 years ago, or
5= Never?
7= Refused
9= Don't know

**Skip To Values:**

BPQ055

BPQ055
### Ever told you had high blood pressure

**English Text:** {Have you/Has SP} ever been told by a doctor or other health professional that {you/s/he} had hypertension, also called high blood pressure?

**English Instructions:**

**Codes:**

- 1= Yes
- 2= No
- 7= Refused
- 9= Don't know

**Skip To Values:**

- BPQ055

### Told had high blood pressure - 2+ times

**English Text:** {Were you/Was SP} told on 2 or more different visits that {you/s/he} had hypertension, also called high blood pressure?

**English Instructions:**

**Codes:**

- 1= Yes
- 2= No
- 7= Refused
- 9= Don't know

**Target**

- BPQ030

### Taking prescription for hypertension

**English Text:** Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to . . . take prescribed medicine?

**English Instructions:**

**Target**

- BPQ040A

**SAS Label**

- Hard Edits

**Take prescription for hypertension**
English Text: Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to control {your/his/her} weight or lose weight?

English Instructions:

Codes:
1= Yes
2= No
7= Refused
9= Don't know

English Text: Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to cut down on salt or sodium in {your/his/her} diet?

English Instructions:

Codes:
1= Yes
2= No
7= Refused
9= Don't know
<table>
<thead>
<tr>
<th>BPQ040D</th>
<th>Target</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>B(16 Yrs. to 150 Yrs.)</td>
</tr>
<tr>
<td>Hard Edits</td>
<td>SAS Label</td>
</tr>
<tr>
<td></td>
<td>Told to exercise more for hypertension</td>
</tr>
</tbody>
</table>

**English Text:** Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to exercise more?

**English Instructions:**

<table>
<thead>
<tr>
<th>Codes:</th>
<th>Skip To Values:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1= Yes</td>
<td></td>
</tr>
<tr>
<td>2= No</td>
<td></td>
</tr>
<tr>
<td>7= Refused</td>
<td></td>
</tr>
<tr>
<td>9= Don't know</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>BPQ040E</th>
<th>Target</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>B(16 Yrs. to 150 Yrs.)</td>
</tr>
<tr>
<td>Hard Edits</td>
<td>SAS Label</td>
</tr>
<tr>
<td></td>
<td>Told to reduce alcohol for hypertension</td>
</tr>
</tbody>
</table>

**English Text:** Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to cut down {your/his/her} alcohol consumption?

**English Instructions:**

<table>
<thead>
<tr>
<th>Codes:</th>
<th>Skip To Values:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1= Yes</td>
<td></td>
</tr>
<tr>
<td>2= No</td>
<td></td>
</tr>
<tr>
<td>7= Refused</td>
<td></td>
</tr>
<tr>
<td>9= Don't know</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>BPQ040F</th>
<th>Target</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>B(16 Yrs. to 150 Yrs.)</td>
</tr>
<tr>
<td>Hard Edits</td>
<td>SAS Label</td>
</tr>
<tr>
<td></td>
<td>Told to do other things for hypertension</td>
</tr>
</tbody>
</table>

**English Text:** Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to do something else?
**English Instructions:**

**Codes:**

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>7</td>
<td>Refused</td>
</tr>
<tr>
<td>9</td>
<td>Don't know</td>
</tr>
</tbody>
</table>

**BOX 1A. CHECK ITEM BPQ.042:** IF 'SOMETHING ELSE' (ITEM F) IS CODED 'YES' (CODE 1), DISPLAY QUESTION BPQ.043. OTHERWISE, DO NOT DISPLAY THIS QUESTION.

**BPQ042**

<table>
<thead>
<tr>
<th>Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>B(16 Yrs. to 150 Yrs.)</td>
</tr>
</tbody>
</table>

**Hard Edits**

**SAS Label**

CHECK ITEM

**English Text:** CHECK ITEM

**English Instructions:**

**BPQ043A**

<table>
<thead>
<tr>
<th>Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>B(16 Yrs. to 150 Yrs.)</td>
</tr>
</tbody>
</table>

**Hard Edits**

**SAS Label**

Told to stop smoking for hypertension

**English Text:** What else?

**English Instructions:** CODE ALL THAT APPLY

**Codes:**

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Stop smoking</td>
</tr>
<tr>
<td>7</td>
<td>Refused</td>
</tr>
<tr>
<td>9</td>
<td>Don't know</td>
</tr>
</tbody>
</table>

**BPQ043B**

<table>
<thead>
<tr>
<th>Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>B(16 Yrs. to 150 Yrs.)</td>
</tr>
</tbody>
</table>

**Hard Edits**

**SAS Label**

Told to increase potassium for hypertension

**English Text:** What else?
### English Instructions: CODE ALL THAT APPLY

**Codes:**

- **BPQ043C**
  - **Target:** B(16 Yrs. to 150 Yrs.)
  - **Hard Edits SAS Label:** Told of other diet changes for hyprtnsn

**English Text:** What else?

**English Instructions: CODE ALL THAT APPLY**

**Codes:**

- **BPQ043D**
  - **Target:** B(16 Yrs. to 150 Yrs.)
  - **Hard Edits SAS Label:** Told to do other things for hyprtnsn

**English Text:** What else?

**English Instructions: CODE ALL THAT APPLY**

**Codes:**

- **BPQ045**
  - **Target:** B(16 Yrs. to 150 Yrs.)
  - **Hard Edits SAS Label:** CHECK ITEM

**English Text:** CHECK ITEM

**English Instructions:** BOX 1B. CHECK ITEM BPQ.045: IF 'YES' (CODE 1) IN BPQ.040A, B, C, D, OR E, CONTINUE. OTHERWISE, GO TO BOX 2.
### Now taking prescribed medicine

**English Text:** HELP AVAILABLE (Are you/Is SP) now taking prescribed medicine

**English Instructions:** CAPI INSTRUCTION: DISPLAY EACH ACTIVITY CODED "YES" (CODE 1) FROM BPQ.040. DISPLAY FOR EACH ACTIVITY SHOULD READ AS FOLLOWS: RESPONSES: YES = 1, NO = 2, REFUSED = 7, DON'T KNOW = 9.

**Codes:**
- 1 = Yes
- 2 = No
- 7 = Refused
- 9 = Don't know

### Now controlling weight

**English Text:** (Are you/Is SP) now controlling (your/his/her) weight or losing weight?

**English Instructions:**

**Codes:**
- 1 = Yes
- 2 = No
- 7 = Refused
- 9 = Don't know

### Now reducing salt/sodium

**English Text:** (Are you/Is SP) now cutting down on salt or sodium in (your/his/her) diet?

**English Instructions:**

**Codes:**
- 1 = Yes
- 2 = No
- 7 = Refused
- 9 = Don't know
### BPQ050D

**Target**
B(16 Yrs. to 150 Yrs.)

**Hard Edits**
SAS Label

**English Text:** (Are you/Is SP) now exercising more?

**English Instructions:**

<table>
<thead>
<tr>
<th>Codes:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1= Yes</td>
</tr>
<tr>
<td>2= No</td>
</tr>
<tr>
<td>7= Refused</td>
</tr>
<tr>
<td>9= Don't know</td>
</tr>
</tbody>
</table>

---

### BPQ050E

**Target**
B(16 Yrs. to 150 Yrs.)

**Hard Edits**
SAS Label

**English Text:** (Are you/Is SP) now reducing alcohol consumption?

**English Instructions:**

<table>
<thead>
<tr>
<th>Codes:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1= Yes</td>
</tr>
<tr>
<td>2= No</td>
</tr>
<tr>
<td>7= Refused</td>
</tr>
<tr>
<td>9= Don't know</td>
</tr>
</tbody>
</table>

---

### BPQ055

**Target**
B(16 Yrs. to 150 Yrs.)
<table>
<thead>
<tr>
<th>Hard Edits</th>
<th>SAS Label</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>CHECK ITEM</td>
</tr>
</tbody>
</table>

**English Text:** CHECK ITEM

**English Instructions:** BOX 2. CHECK ITEM BPQ.055: IF SP AGE >= 20, CONTINUE. OTHERWISE, GO TO END OF SECTION.

### BPQ060

<table>
<thead>
<tr>
<th>Target</th>
<th>B(20 Yrs. to 150 Yrs.)</th>
</tr>
</thead>
</table>

**Hard Edits**

<table>
<thead>
<tr>
<th>SAS Label</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever had blood cholesterol checked</td>
</tr>
</tbody>
</table>

**English Text:** {Have you/Has SP} ever had {your/his/her} blood cholesterol checked?

**English Instructions:**

<table>
<thead>
<tr>
<th>Codes:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1= Yes</td>
</tr>
<tr>
<td>2= No</td>
</tr>
<tr>
<td>7= Refused</td>
</tr>
<tr>
<td>9= Don't know</td>
</tr>
</tbody>
</table>

**Skip To Values:**

| BPD110a |

### BPQ070

<table>
<thead>
<tr>
<th>Target</th>
<th>B(20 Yrs. to 150 Yrs.)</th>
</tr>
</thead>
</table>

**Hard Edits**

<table>
<thead>
<tr>
<th>SAS Label</th>
</tr>
</thead>
<tbody>
<tr>
<td>When blood cholesterol last checked</td>
</tr>
</tbody>
</table>

**English Text:** About how long has it been since {you/SP} last had {your/his/her} blood cholesterol checked? Has it been...

**English Instructions:**

<table>
<thead>
<tr>
<th>Codes:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1= Less than 1 year ago,</td>
</tr>
<tr>
<td>2= 1 year but less than 2 years ago,</td>
</tr>
<tr>
<td>3= 2 years but less than 5 years ago, or</td>
</tr>
<tr>
<td>4= 5 years or more?</td>
</tr>
<tr>
<td>7= Refused</td>
</tr>
<tr>
<td>9= Don't know</td>
</tr>
</tbody>
</table>

**Skip To Values:**

| BPD110a |

| BPD110a |

| BPD110a |

<p>| BPD110a |</p>
<table>
<thead>
<tr>
<th>BPQ080</th>
<th>Target</th>
<th>Hard Edits</th>
<th>SAS Label</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>B(20 Yrs. to 150 Yrs.)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Doctor told you - high cholesterol level**

**English Text:** {Have you/Has SP} ever been told by a doctor or other health professional that {your/his/her} blood cholesterol level was high?

**English Instructions:**

<table>
<thead>
<tr>
<th>Codes:</th>
<th>Skip To Values:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1= Yes</td>
<td>BPD110a</td>
</tr>
<tr>
<td>2= No</td>
<td>BPD110a</td>
</tr>
<tr>
<td>7= Refused</td>
<td>BPD110a</td>
</tr>
<tr>
<td>9= Don't know</td>
<td>BPD110a</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>BPQ090A</th>
<th>Target</th>
<th>Hard Edits</th>
<th>SAS Label</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>B(20 Yrs. to 150 Yrs.)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Told to eat less fat for cholesterol**

**English Text:** To lower (your/his/her) blood cholesterol, (have/has) (you/SP) ever been told by a doctor or other health professional... to eat fewer high fat or high cholesterol foods?

**English Instructions:**

<table>
<thead>
<tr>
<th>Codes:</th>
<th>Skip To Values:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1= Yes</td>
<td></td>
</tr>
<tr>
<td>2= No</td>
<td></td>
</tr>
<tr>
<td>7= Refused</td>
<td></td>
</tr>
<tr>
<td>9= Don't know</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>BPQ090B</th>
<th>Target</th>
<th>Hard Edits</th>
<th>SAS Label</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>B(20 Yrs. to 150 Yrs.)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Told to reduce weight for cholesterol**

**English Text:** [To lower (your/his/her) blood cholesterol, (have/has) (you/SP) ever been told by a doctor or other health professional]... to control (your/his/her) weight or lose weight?
### BPQ090C

**Target**

B(20 Yrs. to 150 Yrs.)

**Hard Edits**

SAS Label

Told to exercise more for cholesterol

**English Text:** [To lower (your/his/her) blood cholesterol, (have/has) (you/SP) ever been told by a doctor or other health professional]... to increase (your/his/her) physical activity or exercise?

**English Instructions:**

**Codes:**

1= Yes  
2= No  
7= Refused  
9= Don't know

---

### BPQ090D

**Target**

B(20 Yrs. to 150 Yrs.)

**Hard Edits**

SAS Label

Told to take prescriptn for cholesterol

**English Text:** [To lower (your/his/her) blood cholesterol, (have/has) (you/SP) ever been told by a doctor or other health professional]... to take prescribed medicine?

**English Instructions:**

**Codes:**

1= Yes  
2= No  
7= Refused  
9= Don't know
<table>
<thead>
<tr>
<th>BPQ095</th>
<th>Target</th>
<th>B(20 Yrs. to 150 Yrs.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hard Edits</td>
<td>SAS Label</td>
<td>CHECK ITEM</td>
</tr>
</tbody>
</table>

**English Text:** CHECK ITEM

**English Instructions:** BOX 3. CHECK ITEM BPQ.095: IF 'YES' (CODE 1) TO BPQ.090A, B, C OR D, CONTINUE WITH BPQ.100. OTHERWISE, GO TO BOX 6.

<table>
<thead>
<tr>
<th>BPQ100A</th>
<th>Target</th>
<th>B(20 Yrs. to 150 Yrs.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hard Edits</td>
<td>SAS Label</td>
<td>Now eating fewer high fat foods</td>
</tr>
</tbody>
</table>

**English Text:** (Are you/Is SP) now following this advice to eat fewer high fat or high cholesterol foods?

**English Instructions:** CAPI INSTRUCTIONS: DISPLAY EACH ACTIVITY CODED AS 'YES' (CODE 1) IN BPQ.090 A-D.

**Codes:**
1= Yes
2= No
7= Refused
9= Don't know

<table>
<thead>
<tr>
<th>BPQ100B</th>
<th>Target</th>
<th>B(20 Yrs. to 150 Yrs.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hard Edits</td>
<td>SAS Label</td>
<td>Now controlling weight</td>
</tr>
</tbody>
</table>

**English Text:** (Are you/Is SP) now following this advice to control (your/his/her) weight or lose weight?

**English Instructions:**
### BPQ100C

**Target**

B(20 Yrs. to 150 Yrs.)

**Hard Edits**

SAS Label

**English Text:** (Are you/Is SP) now following this advice to increase (your/his/her) physical activity or exercise?

**English Instructions:**

**Codes:**

1= Yes  
2= No  
7= Refused  
9= Don't know

### BPQ100D

**Target**

B(20 Yrs. to 150 Yrs.)

**Hard Edits**

SAS Label

**English Text:** (Are you/Is SP) now following this advice to take prescribed medicine?

**English Instructions:**

**Codes:**

1= Yes  
2= No  
7= Refused  
9= Don't know
**English Text:** {Even though {you have/SP has} never had {your/his/her} blood cholesterol checked} {Even though a doctor or other health professional has never told {you/SP} that {your/his/her} blood cholesterol was high} we are now going to ask you if {you have/SP has} made any major changes on your own to lower {your/his/her} blood cholesterol. Specifically {do you/does s/he} eat fewer high fat or high cholesterol foods in order to lower {your/his/her} blood cholesterol?

**English Instructions:** CAPI INSTRUCTIONS: DISPLAY "EVEN THOUGH YOU HAVE NEVER HAD YOUR BLOOD CHOLESTEROL CHECKED" ONLY IF BPQ.060 IS 'NO' (CODE 2), DK (CODE 9), OR REF (CODE 7). DISPLAY "EVEN THOUGH A DOCTOR OR OTHER HEALTH PROFESSIONAL HAS NEVER TOLD YOU THAT YOUR BLOOD CHOLESTEROL IS HIGH" ONLY IF BPQ.080 IS 'NO' (CODE 2), DK (CODE 9), OR REF (CODE 7).

**Codes:**
1= Yes
2= No
7= Refused
9= Don't know

**Target**

**BPD110B**

**English Text:** {Even though {you have/SP has} never had {your/his/her} blood cholesterol checked} {Even though a doctor or other health professional has never told {you/SP} that {your/his/her} blood cholesterol was high} we are now going to ask you if {you have/SP has} made any major changes on your own to lower {your/his/her} blood cholesterol. Specifically {have you/has s/he} controlled {your/his/her} weight or lost weight in order to lower {your/his/her} blood cholesterol?

**English Instructions:**

**Codes:**
1= Yes
2= No
7= Refused
9= Don't know

**Skip To Values:**
### English Instructions:

**BPD110C**

**Target**  
B(20 Yrs. to 150 Yrs.)

**Hard Edits**

**SAS Label**

**Increasing exercise on own**

*English Text:*  
Even though you have never had your blood cholesterol checked, we are now going to ask you if you have made any major changes on your own to lower your blood cholesterol. Specifically have you increased your physical activity or exercise in order to lower your blood cholesterol?

**English Instructions:**

**Codes:**

- 1= Yes
- 2= No
- 7= Refused
- 9= Don't know

**BPQ115**

**Target**  
B(20 Yrs. to 150 Yrs.)

**Hard Edits**

**SAS Label**

**CHECK ITEM**

*English Text:* CHECK ITEM

**English Instructions:** BOX 6. CHECK ITEM BPQ.115: IF 'NO' (CODE 2) OR DON'T KNOW (CODE 9) IN BPQ.090A, B, OR C, CONTINUE WITH BOX 7. OTHERWISE, GO TO END OF SECTION.

**BPQ117**

**Target**  
B(20 Yrs. to 150 Yrs.)

**Hard Edits**

**SAS Label**

**CHECK ITEM**

*English Text:* CHECK ITEM

**English Instructions:** BOX 7. CHECK ITEM BPQ.117: IF 'NO' (CODE 2) OR DON'T KNOW (CODE 9) IN BPQ.090A, CONTINUE. OTHERWISE, GO TO BOX 8.
**BPD120**

**Target**

B(20 Yrs. to 150 Yrs.)

**Hard Edits**

**SAS Label**

Eating fewer high fat foods on own

**English Text:** Even though a doctor or other health professional has never told {you/SP} to eat fewer high fat or high cholesterol foods, we are now going to ask if {you have/he/she has} made any major changes on {your/his/her} own to lower {your/his/her} cholesterol? Specifically, {do you/does he/she} eat fewer high fat or high cholesterol foods in order to lower {your/his/her} blood cholesterol?

**English Instructions:**

**Codes:**

1= Yes
2= No
7= Refused
9= Don't know

**Skip To Values:**

**BPQ125**

**Target**

B(20 Yrs. to 150 Yrs.)

**Hard Edits**

**SAS Label**

CHECK ITEM

**English Text:** CHECK ITEM

**English Instructions:** BOX 8. CHECK ITEM BPQ.125: IF 'NO' (CODE 2) OR DON'T KNOW (CODE 9) IN BPQ.090B, CONTINUE. OTHERWISE, GO TO BOX 9.

**BPD130**

**Target**

B(20 Yrs. to 150 Yrs.)

**Hard Edits**

**SAS Label**

Controlling weight on own

**English Text:** Even though a doctor or other health professional has never told {you/SP} to control {your/his/her} weight or lose weight, we are now going to ask if {you have/he/she has} made any major changes on {your/his/her} own to lower {your/his/her} blood cholesterol? Specifically, {have you/has he/she} controlled {your/his/her} weight or lost weight in order to lower {your/his/her} blood cholesterol?

**English Instructions:**
### BPQ135

**Target**

B(20 Yrs. to 150 Yrs.)

**Hard Edits**

SAS Label

**CHECK ITEM**

**English Text:** CHECK ITEM

**English Instructions:** BOX 9. CHECK ITEM BPQ.135: IF 'NO' (CODE 2) OR DON'T KNOW (CODE 9) IN BPQ.090C, CONTINUE. OTHERWISE, GO TO END OF SECTION.

### BPD140

**Target**

B(20 Yrs. to 150 Yrs.)

**Hard Edits**

SAS Label

**Increasing exercise on own**

**English Text:** Even though a doctor or other health professional has never told {you/SP} to increase {your/his/her} physical activity or exercise, we are now going to ask if {you have/he/she has} made any major changes on {your/his/her} own to lower {your/his/her} blood cholesterol? Specifically, {have you/has he/she} increased {your/his/her} physical activity or exercise in order to lower {your/his/her} blood cholesterol?

**English Instructions:**

**Codes:**

- 1 = Yes
- 2 = No
- 7 = Refused
- 9 = Don't know